



## EUNAAPA Summer School Physical Activity and Ageing

The **EUropean Network for Action on Aging and Physical Activity** (EUNAAPA), organizes a summer school on physical activity and aging in Verona (Italy) from Thursday the 26th to Sunday the 29th of June 2014.

It is designed for medical doctors, health professionals and experts in adapted physical activity (APA) from European Countries, engaged in enhancing the quality of life of adults and older adults, with or without disease, though physical activity promotion.

The scope of this four day course for participants includes:

- an update on new evidence based PA promotion in Europe from International speakers
- share professional expertise on physical activity programmes or projects for adults and older adults
- built new professional networks on a local and international level
- create new strategies for interventions at different levels, in different sectors, institutions and countries
- Identify educational programme to be developed by different professionals (medical doctor, health professional, expert in APA) in a specific country

The Summer School will be held by the School of Exercise and Sport Science of the **Università degli Studi di Verona** (Via Felice Casorati, 43 – 37131 Verona - Italy), **from the Thursday the 26<sup>th</sup> to Sunday the 29<sup>th</sup> of June 2014.**

EUNAAPA is a collaborative network, established in 2005, aiming to improve health, wellbeing, participation and independence of older people throughout Europe by the promotion of evidence based physical activity. The EUNAAPA network has successfully applied for an operating grant of DG SANCO in 2014. With this grant EUNAAPA aims to reach the following objectives in concurrence with its roadmap 2011-2015: to educate and enhance awareness in medical professionals and to support strategies to disseminate and exchange knowledge and expertise on EU, national and regional level. The organization of the first **EUNAAPA Summer School** is part of this grant.

### For more information

Website: [http://www.eunaapa.org/Activities/Summer\\_School/](http://www.eunaapa.org/Activities/Summer_School/)

e-mail: [nicole.tabarini@univr.it](mailto:nicole.tabarini@univr.it)

tel: +39 045 842 5151



**Università degli Studi di Verona**  
Dipartimento di Scienze Neurologiche  
e del Movimento  
*Main Organizer*

Project supported by **DG SANCO**  
and organized by **CHAFEA**  
(Consumer, Health and Food  
Executive Agency)

